



**Whitening Instructions:**  
Each tube is to be used  
for 2 days.  $\frac{1}{4}$  of a tube  
for each arch tray.  
Leave solution in for no  
longer than 30 minutes  
and then brush the  
teeth following removal  
of the trays. Contact us  
at (512) 671-3366 if  
there are questions.