



TERI B. GADDY, DDS

TOOTH WHITENING PROGRAM

Everyone wants whiter teeth! The treatment that we are performing has proven quite successful and we ask that you adhere to our instructions for optimum results.

Vital tooth bleaching involves the daily application of wearing a custom-fitted tray and using a mild oxidizing agent whose active ingredient is carbamide peroxide in a glycerin base. The tray is worn on the teeth to be bleached for approximately two hours per day. The most pronounced effect is observed over the first two weeks and continues progressively over a six-week period. Little if any change occurs beyond six weeks. There has been a definite lightening of the teeth in all cases without exception.

This procedure is using agents similar to products, which have been used in dentistry for a long time with no long term detrimental effects upon the teeth or gingiva due to this bleaching technique. The treatment is not indicated for everyone as there are some precautions involved and especially if it is used as directed. If you have requested this tooth whitening program, it is essential that you be aware of the precautions.

You may experience some of the following side effects during treatment:

- A. Your gums may be sore during or after the application of the bleaching material.
- B. The teeth may become sensitive to hot and cold.
- C. A sore throat may develop, particularly if you have a tendency to suck on the tray while it is in the mouth.
- D. The temporomandibular joint (TMJ) may become sore if the trays cause clenching.
- E. You want old restorations changed because they may no longer match if the treatment is effective.

These are temporary and will disappear when treatment is discontinued. Please notify us if you have any questions or problems.

I have read the above information and the procedure has been explained to me. I understand the instructions and consent to the treatment.

PATIENT SIGNATURE

DATE